

FEB
MAR
2015



OUR
BRAND

New
LOOK!

CONTENTS

FEBRUARY - MARCH 2015



MakewAVES

- 04 New Year, New Look!
SMOU Wall Of SG50 Well Wishes
- 05 SMOU Scholars Shine
- 06 Sail On Sailors, To A Shining Sea
- 08 Discrimination Exposed
- 09 Knowing Left From Right

IR

- 10 Young NTUC Unite To Work, Live And Play
Creating A Future-Ready Workforce
- 11 ITF Officials Visit SMOU
- 12 IBF Local Negotiation Concludes With A Good Outcome
Regional Unions Prepare For ITF SEA FOC Week Of
Action 2015
- 13 ITF GS Stephen Cotton Receives AOTOS Award
JSU Has A New President

YSMOU

- 14 Young SMOU's Exodus To The Movies
Bringing Learning Out Of The Classroom
- 15 Spooky Scary Young Mariners' Nite
- 16 Young Mariners Gather To Network

MembUZZ

- 17 A Music Mania Retro Social Nite
- 18 Heartbeat Of SMOU Beats Strong
- 19 SMOU Family Festive Fun And Frolic
Renewal Of Your Membership Fees For 2015
- 20 Museum Movie Mania
- 21 It's The Most Wonderful Time Of The Year!
- 22 A Personal Touch With Home Visits
- 23 Marching Towards March 2015
Annual Family Day 2015
- 24 Year-at-a-Glance
- 26 There's Something For Everyone At The Mariners'
Lounge @ SMOU

SHIPSHAPE

- 27 Common Diabetes Myths Exposed

SPOTLIGHT

- 28 Maritime Labour Convention: So Far So Good?
- 29 When Ships Became Rescue Boats

WaveLINK

- 30 Have You Collected Your SPF?
- 31 Training Calendar
- 32 TNTA Cohort 9 Programme Begins
- 34 The WMSC Experience – An Eye-Opener For SMU
Undergrads
New Bridge Resource Management Course In WMI
- 35 Maritime Manpower Singapore (MMS) Is Coming
- 36 Lighthouse Bistro February Special

Find us on  : Young SMOU  : SMOUnews

Wavelink Building

75 Jellicoe Road #02-01
Singapore 208738

Tel : [65] 6396 0123

Fax : [65] 6339 5436

Website : www.smou.org.sg

Operating Hours:

Mon to Fri : 9am to 6pm
(till 8pm on first Friday of every month)

Lighthouse Operating Hours:

Mon to Sat : 11:30am to 10pm



Bi-Monthly Publication of the
Singapore Maritime Officers' Union
and Wavelink Co-operative

MCI (P) 046/11/2014

FEB
MAR
2015

NEW YEAR NEW LOOK!

Check out
what we
have for you!

SAIL ON
SAILORS,
TO A
SHINING SEA

06

ITF OFFICIALS
VISIT SMOU

11

HEARTBEAT
OF SMOU
BEATS
STRONG

18





Singapore turns 50 this year! As we celebrate our nation's Golden Jubilee, we take time to look back, reflect and appreciate what we have. We say a big thank you to our pioneer generation whose blood, sweat and tears have got us to where we are today. In just half a century, we have developed from a humble fishing village to a global city with racial and religious harmony, low crime rates, good healthcare and low unemployment rate.

Moving forward, there will be challenges and rewards. But come rain or shine, we will face them together. Take heart in how far we have come, and remember that each day is a new beginning for something better to come. It is this resilient spirit and unity as a country that will take us to greater heights.

To mark this historic milestone, SMOU will be spicing up our annual member events with a hint of SG50 flavour. Leading the wave of celebration is our very own Seavoices which now sports a brand new look with refreshing contents such as industry perspectives, people and health features. We have also created a SG50 wall of well wishes so that our readers can express their warm greetings.

Riding on the wave of celebration is the brand new Lighthouse Bistro, our crowning glory. Lighthouse Bistro has the WOW factor, stimulating your senses with new sights, sounds and smells. Be wowed and won over with a unique dining experience when the new Bistro is unveiled.

Fresh from its launch the end of last year, Mariners' Lounge @ SMOU is getting rave reviews. If you have yet to check it out, we welcome you to a new encounter. When you step into the Mariners' Lounge@SMOU, you enter into a peaceful, relaxing world where you can feel free to chill and recharge.

Let's celebrate our Singapore's 50th birthday with confidence, hope and strength. Let's dream bigger dreams and live out our purpose with boldness. See you at our SMOU events and our latest new facilities.

From Mary Liew, SMOU General Secretary.

SMOU Wall of SG50 Well Wishes

It is Singapore's Golden Jubilee this year! Seavoices will be running an SG50 well wishes column for the whole year round to celebrate this momentous occasion with the rest of the nation. SMOU members share their thoughts about SG50.



Happy Golden Jubilee Singapore. May it be a truly golden year.

■ Billy Joe Lim, SMOU member of 7 years



WHAT IT MEANS TO BE A SINGAPOREAN...

"Being Singaporean means that Singapore is the place I call 'home' and I am willing to defend and protect it."

WHAT I MISS MOST ABOUT SINGAPORE WHILE I AM OUT AT SEA...

"There are many things about Singapore that I miss, but it is the convenience that I miss the most. The ability to eat whatever you want at almost any time of the day, or the availability of almost any item you require, is a luxury that is unavailable out at sea."

I am excited for Singapore's 50th birthday and I hope Singapore will continue to be at the forefront of world expertise. May Singapore have continuous success.

■ Mohd Rosdi Mohd Hanafi, SMOU member of 25 years, with his wife



CELEBRATING SG50...

"I am planning to bring friends from secondary school and their families together to celebrate the nation's birthday."

WHAT I LOOK FORWARD TO FOR SINGAPORE...

"I hope there will be more things catered for the older generation. I also hope that there will be more opportunities for older workers to stay in the workforce and more help in terms of medical fees as well as keeping fit."



SMOU Scholars Shine

SMOU President Capt Robin Foo and National Division Manager Wilfred Thiang with the award recipients.

Fifty-one promising individuals received over \$1.4 million in sponsorship funds during the MaritimeONE Scholarships Awards Ceremony launched by Maritime and Port Authority of Singapore (MPA), Singapore Maritime Foundation (SMF), Association of Singapore Marine Industries (ASMI) and Singapore Shipping Association (SSA).

The event on 14 August 2014 saw proud parents cheering their children on with distinguished representatives from the maritime industry and sponsors, including SMOU.

SMOU played a part in sponsoring one MaritimeONE scholar and co-sponsoring 11 other Tripartite Maritime Scholarship Scheme (TMSS) scholars.

Dominic worked with PIL for 13 months under their Liner Division as a Trade Executive Assistant where he handled space management of vessels, quoting of rates, and marketing. His interest in the maritime sector piqued after he completed a one-week programme with Singapore Maritime Academy. With the MaritimeONE Scholarship that is sponsored by SMOU, he is pursuing a BSc (Hons) in Maritime Business and Logistics in Plymouth University, UK.



Mr Edsel Koh Junming, TMSS Scholar, with his parents, SMOU President Capt Robin Foo and National Division Manager Wilfred Thiang.

Photos of his senior enjoying his travels and work captivated Edsel's adventurous spirit and inspired his interest in the maritime industry. His good results spurred him on and gave him the confidence needed to excel in the scholarship interview. He is pursuing a Diploma in Nautical Studies at Singapore Polytechnic, co-sponsored by APL Co Pte Ltd.

“ Receiving this scholarship is an honour, and I am motivated to work hard so that my family, who has been a constant pillar of support can be proud of me. I would like to thank SMOU and APL for believing in me.



Mr Dominic Yong Sheng An, MaritimeONE Scholar, with SMOU President Capt Robin Foo.

“ I am thankful to SMOU for this scholarship as it gives me an opportunity to pursue my studies, which I may have not been able to undertake otherwise. After my studies, I hope to come back and contribute to the Union.



“ The TNTA programme is very suitable for post-school learners because it opens the door to many opportunities and they are able to learn valuable life skills. I hope that we can attract more Singaporeans to take up jobs in the maritime industry.

■ Mr Tan Suan Jow, Director of Shipping Division, MPA

Sail On Sailors, To A Shining Sea

Congratulations

to Top Cadet Award winners who were awarded for academic excellence and demonstrating good conduct, leadership, teamwork, initiative and responsibility.

Most Outstanding Cadet:
Azmi Rajis (APL)

Outstanding Cadet (First Runner Up):
Wu Shangda Ivan (POSH)

Outstanding Cadet (Second Runner Up):
Nurfaezah Ithnin (PIL)

Looking smart in their crisp black and white officer uniforms, 58 cadets attended the Tripartite Nautical Training Award (TNTA) programme’s Cohort 7 Graduation and Cohort 8 Investiture Ceremony. Held at Devan Nair Institute of Employment and Employability on 17 November, the event was graced by Guest-of-Honour Mr Tan Suan Jow, Director of Shipping Division at Maritime and Port Authority of Singapore (MPA).

“ Since its launch in 2009, the TNTA programme has gained incremental momentum and I am proud to say that Cohort 7 is one of many ‘firsts’,” said Capt Anthony Khoo, Chairman of TNTA Advisory Committee. The 28 cadets of Cohort 7 was the pioneer batch to receive 70 hours of valuable hands-on training at the new Wavelink Maritime simulators. They are also attached to a mentor under the implementation of the new Liaison and Mentoring System which aims to build

close rapport between mentors and cadets as they set off for their Phase 2 TNTA cadet training – an 18-month seafaring journey. For the first time, family engagement sessions were included in the recruitment process to educate parents about the seafaring career and address their concerns.

After the Cohort 7 certificate presentation, 30 cadets from Cohort 8 received their epaulets from Mr Tan and their respective employers.

“ I had a good time learning how to work with different people. During the six-months training, we went through thick and thin together and built friendships through sports activities. I am also very thankful to receive the Most Outstanding Cadet. I would not have done it without the support of my fellow course mates and my family.

► Most Outstanding Cadet Azmi Rajis, TNTA Cohort 7, APL



“ I was previously a property agent because I had to provide financial support for my younger brother’s university education. After he graduated, I decided that it was time for me to follow my dream to be a seafarer. Even though I had zero technical knowledge and was the oldest to join the programme, I am grateful for the chance to learn from people in the earlier cohorts. I look forward to sailing and I hope to be a capable leader in 10 years’ time.

▲ Cadet Steven Ng Yong Soo, TNTA Cohort 8, Shell



Congratulations to the cadets from TNTA Cohorts 7 and 8! All the best for your seafaring adventures.

Discrimination

EXPOSED

For the first time, the Ministry of Manpower has taken action against a company which has discriminated against Singaporean employees.

Applauding MOM's move to curb the work pass privileges of Prime Gold International for two years, SMOU General Secretary Mary Liew highlighted,

“ SMOU strongly supports MOM's stance in clamping down errant employers that are out to exploit Singaporeans. All Singaporeans are entitled to fair employment treatment so there should be zero tolerance for any discriminatory employment practices. This is especially crucial for our Singaporean seafarers, where current employment practices tend to lean towards contractual jobs that provide little security.

Prime Gold started retrenching 13 Singaporeans in phases and had their positions filled by foreigners. Among the retrenched workers, comprising Captains, Chief Officers, Chief Engineers, Greasers and Able-Bodied Seamen, was an SMOU Member.

“When we heard of their plight, we stepped in to represent our member's interest as well as those who were victimised,” added Ms Liew. “This is a blatant case of discrimination. It is a serious disregard of fair employment practices.”

The Union engaged the company repeatedly to retrieve what was due to the workers according to their contractual terms and conditions.

On top of that, SMOU placed the names of the retrenched Singaporean workers

in the Union's employment register and highlighted them to MPA in order to maximise their chances of employment with other harbourcraft companies who are employing seafaring officers.

SMOU Industrial Relations Assistant Manager Alvin Cheong commented, “If members have any doubts whether their employment contracts fall within the minimum requirements under the Employment Act, the Union is readily at hand to advise them.”

SMOU members are strongly encouraged to read through their employment contracts very carefully and bring to the Union's attention should they be subjected to any unfair employment practices.



Sisters from various unions enjoying a good time of bonding!

Knowing Left From Right

When it comes to directions, the sisters and activists from NTUC Women's Committee have it nailed. Amidst laughter and split-second confusion, they proved their nimble passing skills and sense of direction to the tune of a left-right Christmas gift exchange game held at Lighthouse Bistro.

Organised by SMOU, the party-of-the-year held on 4 December brought together some 70 members and activists from NTUC Women's Committee for an evening of fun and bonding. NTUC Women's Committee Vice Chairperson Mary Liew and SMOU President Capt Robin Foo warmly welcomed all the sisters, and gave their

regards to those who were unwell and unable to attend. NTUC President Diana Chia and NTUC Women's Development Secretariat (WDS) Director Sylvia Choo also presented a token of appreciation to flow-on sister Magdalene Lee from Singapore Airlines Staff Union (SIASU), for her many years of contribution. Moments were taken to thank the other sisters for their hard work and giving spirits for the year. The sisters had a great time bonding over good food and great company. Truth be told, they all **left** the place in a **right** good mood!



Challenger Park

Photo credit: Young NTUC

YOUNG NTUC UNITE To Work, Live And Play

When young unionists come together, it can spell only one thing – vitality. Young SMOU activists Sherry Tan and Siti Khaliesah joined 36 other young unionists from different industries for the Young NTUC Workplan Seminar in Tioman Island from 16 to 18 October. The seminar seeks to build and sustain the relationship among the Young NTUC family and align all participants to Young NTUC's vision by reviewing and reflecting on 2014's Workplan and discussing 2015's Workplan. During the seminar, the unionists discussed national level programmes. They also identified new opportunities and ways to create awareness for three pillars – Work (work as inspiration), Live (family as foundation), and Play (environment as benefaction).

“ It was my first time participating in the Young NTUC Workplan Seminar at Tioman. It was an enjoyable and fruitful trip with a series of team building activities and talk sessions. I got to know many young unionists and through that, I gained knowledge about the different unions and industries in Singapore. Furthermore, we had a discussion on social issues happening around us which broadened my horizon significantly.

■ Sherry Tan

“ After participating in the Young NTUC Workplan Seminar for three days, I got to know more about what Young NTUC has been doing to reach out to the society and their future plans. It was also a good opportunity to bond with the other brothers and sisters who shared their views and made me more aware about the other affiliated unions.

■ Siti Khaliesah

Creating A Future-Ready Workforce

SMOU Industrial Relations (IR) Manager Gwee Guo Duan and Assistant Manager Alvin Cheong met with fellow unionists at the NTUC IR Service Sector Trip in Ho Chi Minh City, Vietnam from 1 to 4 November. The agenda was to discuss the ways to upgrade Singapore's economy and create a future-ready workforce. Some pointers shared at the seminar included stepping up productivity, acquiring the right skills set, ensuring employability among workers, making sectorial tripartism and the Progressive Wage Model more pervasive, and keeping up with the changing face of Singapore's workforce.

Representatives from the Ministry of Manpower also gave a briefing on the changes in the IR act, the two key amendments of which are the removal of barriers in rank and file unions for better representation of employees in managerial and executive positions, and the retention of limited representation of individuals and the expansion of its scope to include re-employment disputes.



NTUC Secretary-General Lim Swee Say with SMOU IR Manager Gwee Guo Duan and Assistant Manager Alvin Cheong.

ITF Officials Visit SMOU

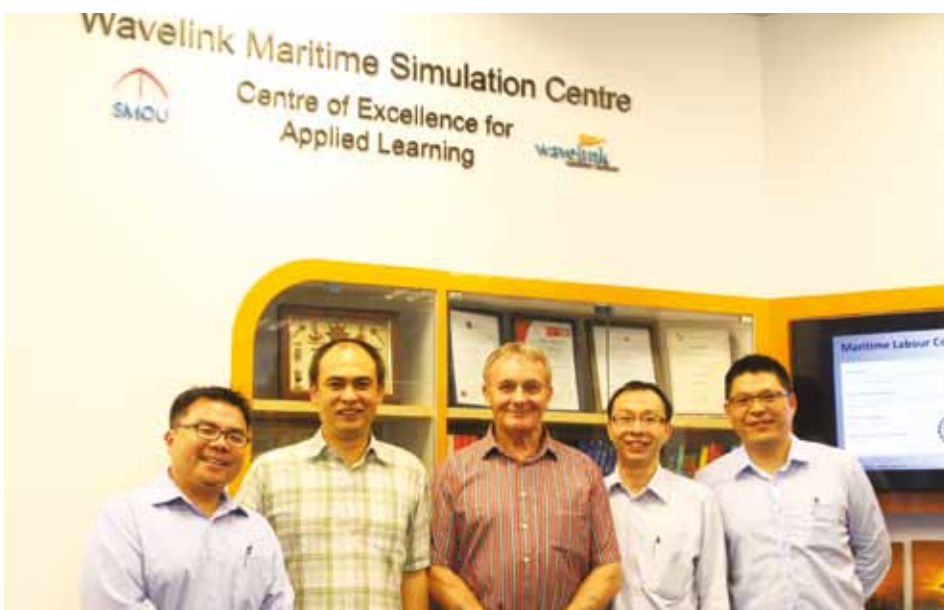
On 2 December, ITF officials John Canias and John Wood visited the Wavelink Maritime Simulation Centre's high-tech training facilities. They gained a better understanding about maritime training in Singapore and how SMOU and its tripartite partners help to train officers for the maritime industry.

ITF officials and affiliates Jacqueline Smith, Tomas Abrahamson and Hanafi Rustandi later joined them to visit the Mariners' Lounge @ SMOU and look at the new facilities for SMOU members, including the massage chairs, dart board, pool table and more. SMOU representatives gave the officials a brief history and purpose of SMOU at the Heritage Wall before heading to Lighthouse Bistro for dinner, a perfect end to the day's visit.



“ SMOU does a good job in training cadets and officers which contributes to ensuring Singapore as an International Maritime Centre in this region. It was nice to visit the newly opened Mariners' Lounge which is a very nice facility for SMOU members. I am sure that the members are pleased to have such a good place to relax and unwind.

▲ Jacqueline Smith, ITF Maritime Coordinator



IBF Local Negotiation Concludes With A Good Outcome

The International Bargaining Forum (IBF) Local Negotiation, attended by 20 representatives from the International Maritime Employers' Council (IMEC), International Transport Workers' Federation (ITF), Singapore Organisation of Seamen (SOS) and SMOU on 1 December at Seacare Building, ended on a good note. The conclusion, which was hard fought by both sides resulted in a three-year deal being applied to all Singapore IBF agreements with effect from 1 January 2015.



“ The principle of IBF is to create a win-win situation, where we looked into the differences between the unions and shipowners in crafting out an agreement. We are pleased that we came to a common conclusion for the benefit of everyone.

■ Capt Belal Ahmed, IMEC Vice-Chairman



“ SMOU strongly supports the ITF FOC campaign and in solidarity to be part of the upcoming Week of Action.

■ SMOU President Capt Robin Foo (Front row, 3rd from right)

Regional Unions Prepare For ITF SEA FOC Week Of Action 2015

SMOU, SOS and other maritime unions from the region met at the Seacare Hotel on 30 and 31 October for the ITF South-East Asia Flag of Convenience Week of Action (FOC WOA). Unionists shared their experiences on participating in the 2013 FOC WOA and highlighted their achievements, as well as challenges faced. They discussed strategies and

plans for the upcoming WOA due to take place from 9 to 13 March 2015. SMOU President Capt Robin Foo welcomed the delegates. Industrial Relations (IR) Manager Gwee Guo Duan and IR Assistant Manager Alvin Cheong also attended the FOC WOA.

Formally launched in 1948, the FOC Campaign aims to eliminate the flag of

convenience system by achieving global acceptance of a genuine link between the flag a ship flies and the nationality or residence of its owners, managers and seafarers. It is also an industrial campaign which ensures that seafarers who serve on flag of convenience ships, whatever their nationality, are protected from ship owners' exploitation.



ITF GS STEPHEN COTTON

Receives AOTOS Award

On 7 November, ITF General Secretary (GS) Stephen Cotton received a prestigious award at the United Seamen's Service (USS) annual Admiral Of The Ocean Sea (AOTOS) 2014 Awards ceremony held in New York. The award recognised Mr Cotton's achievements which includes expanding the ITF inspectorate and increasing the number of collective agreements covering seafarers on board vessels. SMOU congratulates Mr Cotton for receiving the award.

“ This award goes to everyone in the worldwide community that is the ITF. Every one of us defends the rights and safety of seafarers. That is our priority, bolstered by the international solidarity of trade unions and their members worldwide, by cooperation with all who recognise that aim, and now by the opportunities offered by the MLC 2006.

■ Mr Stephen Cotton, ITF General Secretary (centre)

JSU Has A New President

All Japan Seamen's Union (JSU) held its 75th Annual Congress in Tokyo from 4 to 7 November, where the union adopted action plans for the next two years. SMOU congratulates Mr Yasumi Morita for being elected as the new JSU President and looks forward to working more closely with JSU in the future.

(L – R) SMOU Emeritus GS Thomas Tay with newly elected JSU President Yasumi Morita, and immediate past JSU President Norimasa Ouchi with Singapore Organisation of Seamen GS Kam Soon Huat.





Young SMOU's Exodus To The Movies

Young SMOU Chairman Terence Tan met up with Young SMOU members and their families at the Golden Village Cineplex at Vivocity on 12 December to watch Exodus: Gods and Kings. With movie tickets in hand, 90 of them gathered early outside the theatre, happily carrying drinks and popcorns, all ready to be wowed by the movie's special effects. Everyone had a blast bonding and watching the movie together.

“ I had an enjoyable night watching the movie with my wife and fellow cadets. The movie was great and this event gave us a chance to bond together like a big family. I will definitely look forward to more of such events in future. Thank you SMOU for organising!

■ Zack Goh Chek Lim, Young SMOU Member



All geared up for dragon boat!



Young SMOU Dragon Boat Experience rocks!

Rowing past the iconic Singapore Flyer.



“ This dragon boat event helped to develop me as an individual and also as a team player. You can't clap with just one hand, you need team spirit to keep the boat moving from point A to point B. Even though we were tired, we pushed ourselves till the end.

■ Muhammad Luthfi Mohamad Zain, Young SMOU Member

Bringing Learning Out Of The Classroom

What connection does the activity of dragon boating have with seafaring? Young SMOU organised the dragon boat experiential programme for good reasons. The event brought 21 Young SMOU members for a team-building session. On 15 November at Kallang Water Sports Centre, they learnt

how to paddle and row as a team. It was an exciting first dragon boat experience for most participants as they rowed past attractions such as the Singapore Flyer, Gardens by the Bay and Marina Bay Sands. The day was not just about fun but taught them about coordination and teamwork.

“ The instructors were experienced and gave clear instructions to facilitate the activity well. Overall, it was a very fun-filled activity as it allowed team bonding among us.

■ Taouicha Mujahid, Young SMOU Member

Spooky Scary Young Mariners' Nite

The Young Mariners' Nite on 31 October was a spookily scary one. The Halloween-themed gathering attracted a larger-than-usual turnout at Lighthouse Bistro. More than 28 Young SMOU members and Young SMOU committee members gave each other the fright of their lives during dinner and had loads of fun striking their best scary poses using Halloween props at a photo booth.

Other Young SMOU members who were back on shore leave also attended the Young Mariners' Nite where they had the opportunity to catch up with fellow young seafarers. Young SMOU Chairman Terence Tan was present to build relationships with the members. A lucky draw and group photo session ended the night with a bang.



Projecting some horror with their props!



“ I enjoyed the night very much as I got to catch up with my old friends!

▲ Tan Huixian (right), Young SMOU Member

“ I had loads of fun taking photos with the props and won a lucky draw prize. The interaction with other seniors was great as we get to hear about their experiences. I will definitely try to come again next time.

■ Cadet Sebastian Ho, TNTA Cohort 7



A group photo to capture the wonderful memories.



All smiles for new friendships formed!

Young Mariners Gather To Network

Who has single eyelids? Who stays in the east of Singapore? Who is wearing a belt? Close to 60 students from Singapore Maritime Academy (SMA), cadets from TNTA Cohort 8 and Young SMOU members went around finding people with different characteristics in a “Get-to-know-you” game.

The bi-annual Young Mariners’ Networking event was co-organised by Young SMOU and the Maritime and Port Authority of Singapore (MPA). Held at Raffles House, Fort Canning on 26 November, Young SMOU Chairperson Terence Tan gave the participants a talk on seafarers’ rights before dividing them into teams to start a team challenge race. Teams had to work together to complete a charades game that tested their knowledge of maritime jargons and technical terms. Other games included a Rebus puzzle game and a string game, where teams had to find various items and tie them on a string. Young SMOU members also interacted with the new cadets, sharing their experiences of life on board and answering questions from new cadets. The event ended off with a sumptuous dinner buffet and a networking session.



Cadets having fun as they attempt to solve puzzles as a team.



“ I’m glad to join events like these as it gives me an opportunity to make new friends and learn more about the maritime industry.

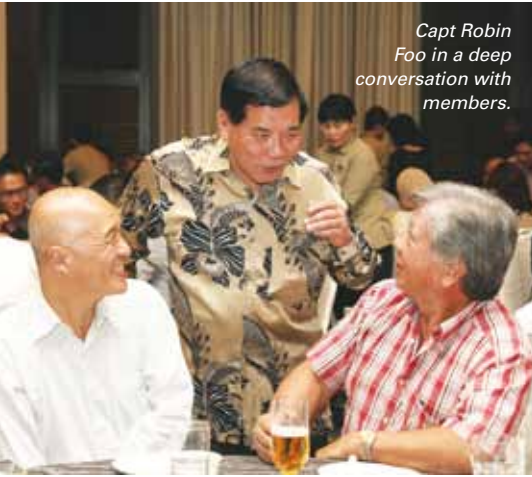
■ 1st year SMA cadet Farhana Md Tahir, Nautical Studies, who aspires to be a Harbour Pilot.

“ It’s good to meet people from various seafaring backgrounds and it’s enlightening to hear the insights they have shared. It also prepares me for how the career is like.

■ Cadet Muhammad Alfee Affendi, TNTA Cohort 8, who aspires to be a Captain.



A Music Mania Retro Social Nite



Capt Robin Foo in a deep conversation with members.

More than 320 members and their families time-travelled from the 1960s to the 1990s at the SMOU Social Nite held at Swissotel Merchant Court on 21 November. Members were greeted with a dance performance in accordance to the theme "Music Mania", using a mashup of music from the different decades.

The highlight of the night was during the 1980s and 1990s music segment when the dance floor was opened, and members grooved and danced to the lively music. It was a night to reminisce and to relive the good old times with friends.



Taking up the 'Minute to Win It' challenge.



“SMOU's family events are always fun and enjoyable, and this year's Social Nite was no exception. The theme was perfect, and I liked that the band played retro music that is enjoyed by all ages and really got the audience pumped!

◀ David Dominic Martin, SMOU member for 6 years



Who can fly it the furthest?



Levitation in process!



Dancing the night away to the retro music!



Captivating the audience with a mind reading act.

Heartbeat of SMOU Beats Strong

If each member represents the heartbeat of SMOU, the Union is proud to say its heartbeat is strong. At the Long Membership Awards 2014 held on 11 December, certificates and gifts such as back massager, digital camera and watches were presented to those who have been members from ten years up to forty years.

Addressing the recipients on behalf of the Union, President Capt Robin Foo said,

“ We are beyond grateful for all of you who have been with us over the years, through thick and thin. I express my sincere gratitude to each one of you. Your presence and support has made all the difference, for without it, SMOU would not have been where we are today.

Let the heartbeat of SMOU beat stronger!



SMOU GS Mary Liew interacting and catching up with the long time members.

“ I am proud to be an SMOU member even after all these years. We received red packets at the CNY Luncheon and my daughter received a bursary award from SMOU. The Union takes good care of us.

▲ Lee Jee Heng, 40 years award recipient



“ This is my first long membership award, and I feel appreciated that SMOU organises such events for us. I think it is great for seafarers to join the Union as we enjoy the many benefits that are catered for us.

■ Jeevan Raj Selva Rajoo (right), 10 years award recipient



Capt Robin Foo with 40 years award recipient Wang Fu Lian.



The ventriloquist act was a big hit with the crowd.

SMOU Family Festive Fun and Frolic

Close to 80 SMOU members and their families had an evening of fun and entertainment on 25 October. The Family Connection Festive Celebration, held at Lighthouse Bistro, had members warming up with icebreakers and games from popular hit television game show, 'Minute to Win It'. A lucky draw rounded up the festive evening.

“ My family and I really enjoyed the evening. The makan was good, and the entertainment was the best.

■ Mansor Marzuki, SMOU member for 5 years



RENEWAL OF YOUR MEMBERSHIP FEES FOR 2015

Renew your **SMOU** membership today and receive a **SMOU Power Bank Charger** OR **ENDO Thermal Magic Cooker** while stocks last!

REMINDER

New online payment available.

To do so, please activate your online account.
For more information, please log on to www.smou.org.sg

**Renewal Gift Collection point:
SMOU One Stop Service Centre**



Photos used are for illustration purposes only.
SMOU reserves the right to substitute any item without prior notice.



Museum Movie Mania

More than 450 SMOU members and their loved ones gathered on 27 December to catch the SMOU Movie Special - 'Night at the Museum'. Also present were 120 single mothers and their children from NTUC Women's Development Secretariat (WDS) WeCare for U Project.



It's The **Most Wonderful Time** Of The Year!

A sumptuous buffet spread welcomed 120 members and their families for an evening of fun and feasting at Lighthouse Bistro on 20 December. Surrounded by smiles and infectious laughter, the Family Connection Year End Party was indeed a superb way to gather and celebrate a great year.



“ The Christmas food was delicious and Santa Claus' surprise appearance brought much laughter to my children. Overall it was a cosy night out for me and my family.

▲ Mohammad Liaquat Ali Khan (in pink), SMOU member for 8 years



A Personal Touch With Home Visits

To express care and concern, SMOU President Capt Robin Foo, General Secretary Mary Liew, 1st Vice President Rahim Jaffar and Treasurer Tan Hung Tat paid visits to some of our members and their families recently.

Mr Chang Naip Heng is recuperating at home after suffering from a stroke and is undergoing physiotherapy. He sailed for over 20 years as a Chief Engineer and still maintains contact with other SMOU members. He was presented with the Permanent and Total Disability Claim under NTUC Gift.



Mr Mohd Amin Elam Din is in the hospital after a bad fall in 2013. His wife received on his behalf, the Permanent and Total Disability Claim under NTUC Gift, as well as his 20 years long membership award.



The late Mr Wong Len Poh passed away in early 2014. He considered SMOU as part of his extended family, and despite his ailing health, he was always keen to come for SMOU events. His wife Mrs Seiko Wong was presented with the NTUC Gift.



A visit to the home of the late Mr Jaafar Mohd Bapu revealed an impressive cabinet display of the various laminated Seavoices articles, tokens and plaques that he had received in his 53 years of membership. His son shared that Mr Jaafar cherished the times he had with SMOU and was also touched that union officials dropped by during the Lunar New Year season. His wife Mdm Patimah Hussin received the SMOU Welfare Death Claim.



The late Mr Foo See Wan was an active and supportive member for 35 years. His wife Madam Hoea Tjheon Lan shared that Mr Foo's zest for life was apparent as he continued to search for other job opportunities even after he retired from the sea. She received the SMOU Welfare Death Claim.



“ On behalf of my family, I would like to offer our most sincere thanks to SMOU for the thoughtfulness, generosity and support shown during this difficult time. At the same time, my heartfelt appreciation for co-ordinating and helping me with the death benefits claim. Thank you.

■ Ms Grace Foo, daughter of the late Mr Foo See Wan

Marching Towards

**MARCH
2015**

Join us for a time of great fun and family get-togetherness this March!

Family Connection

What time is it? It's Family Connection Time. More food, more fun, more familiar faces and it's at a brand new Lighthouse Bistro!



March School Holiday Trip

March to the beat of a fun-filled trip! As the song goes, "Hooray! Hooray! It's a Holi-Holiday!"

Stay tuned for our email blast!



SMOU Annual Family Day on 31 May 2015

Celebrate SG50 with us @ River Safari!



GET READY to meet Kai Kai and Jia Jia at the River Safari, the world's largest freshwater aquarium! Join us as we explore our planet's most iconic rivers!



Receive news of our latest events! Update your email address with us at booking@smou.org.sg
For more information on the above events, please visit us closer to the date at www.smou.org.sg

Year-at-a-Glance



TNTA Cohort 7 Investiture



Seafarers' Lifetime Achievement Award for SMOU Emeritus GS

SMOU Shares Snapshots Of Our Best Moments In 2014



ITF 43rd Congress



Long Membership Awards



Young SMOU Dragon Boat



Lunar New Year Lunch with Pioneer Generation



103rd International Labour Convention in Geneva



SMOU Social Nite



Asian Seafarers' Summit Meeting



SMOU Bursary & Scholarship Awards Presentation



Mariners' Lounge @ SMOU



Family Connection Festive Celebration



IR C.U.R.E Cocktail



Day of the Seafarer



Launch of Wavelink Maritime Simulation Centre



S.E. Asian Week of Action



Lunar New Year Lunch with Pioneer Generation



SMOU Bowling Challenge



Lunar New Year Luncheon



Valentines' Day Dinner



PM Lee tours Wavelink Maritime Simulation Centre



Maritime Labour Convention 2006 Seminar



SMOU C.U.R.E Golf



MLC's first Special Tripartite Meeting



IR C.U.R.E Cocktail



SMOU Family Day



SMOU Skin Care Workshop



Festive Luncheon with CBA companies



SMOU Beijing Nite



Lunar New Year Golf League



Offshore Task Force Group Meeting



Family Connection National Day



Young SMOU Futsal Tournament

There's Something For Everyone At The **Mariners' Lounge @ SMOU**

- Aim for bullseye with the **electronic dartboard**
- Pot that winning shot at the **pool table**
- Soothe your cares away in one of our **massage chairs**
- There is no way you can get bored playing **board games**
- Be transported into the virtual world of video gaming with **Xbox**
- Find a good read at our members' **mini library**
- Surf the web at our **computer area**
- Hold a discussion in our **meeting room**
- Walk through memory lane at SMOU's **heritage wall**



A course on how to use the CPR Automated External Defibrillator (AED) unit was recently conducted at the lounge. Look out for more talks and workshops coming your way!

Members' Impressions...

We asked SMOU member Bobby Chua Hock Choon how he finds the Mariners' Lounge...

“ It has a homely feel and I think it looks great. It is definitely much better than the previous member's area.

About the facilities...

“ Besides playing a short game of pool, I also tried the dartboard and surfed the internet at the computer area.

What he enjoyed most...

“ I enjoyed the electronic dartboard. I play darts on the conventional wooden dartboard, so I had fun playing and getting the hang of the electronic one. Some ships have dartboards nowadays, so I believe seafaring members will like this too. The massage chair looks good. I might give it a try next time.

SMOU member Bobby Chua surfing the web.

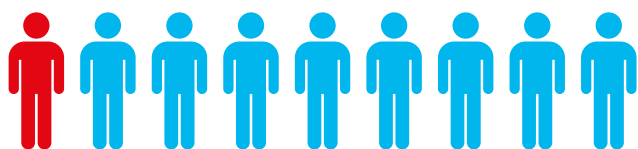


Don't forget to drop by for a "lounge" visit and enjoy the facilities when you come to collect membership renewal gifts!

Common Diabetes Myths Exposed

Did you know that diabetes is the 10th leading cause of death in Singapore? Diabetes is a long-term illness caused by ineffective insulin or the lack of insulin production in the body. As a result, blood glucose levels remain consistently higher than normal.

Type 1 diabetes is often diagnosed in childhood while Type 2 is mainly caused by an unhealthy lifestyle and diet. About one out of nine people in **Singapore aged 18 to 69** are diagnosed with diabetes.



This amounts to about **11.3%** of our population or more than **400,000** people.

Many myths revolve around diabetes, creating a picture that is inaccurate and full of stereotypes and stigma. In this health series, let's clear the air about diabetes and learn how you can stop common misconceptions about diabetes.

Myth #1

DIABETES IS CAUSED BY EATING TOO MUCH SUGAR.

Not exactly. Type 1 diabetes is caused by genetics and unknown factors that trigger its onset, whereas Type 2 diabetes is caused by genetics and lifestyle factors. Consuming food high in sugar content does not necessarily cause diabetes. However, excessive consumption will cause obesity which in turn increases the risk of developing Type 2 diabetes because our pancreas may not be able to produce enough insulin or the insulin may not work properly.

Myth #2

DIABETES DOES NOT RUN IN MY FAMILY, SO I AM SAFE.

Family history is just one of several risk factors for Type 2 diabetes. Other risk factors also include unhealthy lifestyle habits and obesity.

Myth #3

ONLY OLDER PEOPLE GET DIABETES.

It is true that a lot of people who are diagnosed with Type 2 diabetes tend to be older, usually over 40, but you can develop diabetes (Type 1 or Type 2) at any age.

2015

By 2030,

600,000

there are expected to be around **600,000** diabetics in Singapore.

PREVENTION METHODS

1. REGULAR EXERCISES

Exercise helps you to control your weight and prevents the onset of complications. Stay active by jogging, swimming, doing aerobics or even tai chi.

2. HEALTHY DIET

Eat food that is high in fibre such as fruits, vegetables, nuts and seeds. Whole grains also help to decrease your risk of diabetes and help maintain blood sugar levels.

Sources: Health Promotion Board website and Diabetic Society of Singapore website

Maritime Labour Convention: So Far So Good?

The Maritime Labour Convention 2006 (MLC) finally came into force in August 2013. Is it proving to be a useful tool, asks maritime operations' Katie Higginbottom

When the Maritime Labour Convention 2006 (MLC) was adopted back in February 2006 there was much back-slapping in the maritime community. Agreement had been reached between governments, shipowners and unions that seafarers have the right to properly –regulated living and working conditions and on what those minimum levels should be.

Hours were spent wrangling over acceptable language to make sure that the convention contained enough compromises to be widely ratified, as well as provision for consultation between shipowners and seafarer representatives where needed, and strong enforcement mechanisms.

Ratification got off to a good start with all the major FOCs being the first to sign up. Then it all slowed down. The hope for ratification within five years stretched to seven, largely due to changing priorities of governments and the economic downturn.

Now the MLC is finally in force, what's the verdict? Is it an effective tool or just another layer of bureaucracy? Judging by the accounts of ITF inspectors, there are a number of positive developments and a few unsurprising disappointments.

On the plus side, we have seen port state control officers intervening in cases of dodgy contracts, double bookkeeping and a case of a P&I club covering repatriation costs of a crew abandoned in Italy – all things that would have been unheard of pre-MLC. We are also seeing many more responses to seafarers' complaints from flag states, though whether these turn into meaningful actions is another matter. On the downside there seem to be a lot of MLC certificates – many issued by reputable classification

societies – floating around on vessels that are far from compliant.

It will take some time for the convention to be fully worked out in practice, but it's clear that a shift is taking place. It's up to all of us to make sure it has maximum effect for seafarers all over the world.

“ *The implementation and enforcement of the MLC is a huge challenge. However, we will continue to work closely with the authorities and stakeholders to ensure the compliance of the MLC so that our seafarers' rights, welfare and livelihood are protected.*

■ Ms Mary Liew, SMOU General Secretary



Under the MLC, you have the right to:

- A safe and secure workplace
- Fair terms of employment
- Decent living and working conditions
- Social protection – access to medical care, health protection and welfare
- Freedom of association – to join a trade union of your choice
- Have your union negotiate a collective bargaining agreement (CBA) on your behalf.

If your rights are not respected:

- You can make a complaint on board to a senior officer, the captain or the shipowner, or the flag state.
- If the problem is with a shipowner, you can also raise this with the flag state or the port state.
- If you make a complaint on board, you have the right to be accompanied by a representative or a fellow seafarer – and not to be victimised for making a complaint.
- You can also make a complaint to a port state control (PSC) officer/labour inspector.
- You don't have to make the complaint directly – someone else (such as an ITF inspector or a welfare worker) can make it for you.

To find out more about the MLC visit www.itfseafarers.org/ILOMLC.cfm.

Reprinted with permission from ITF Seafarers' Bulletin 2014

When Ships Became Rescue Boats



New amendments to SOLAS require all ships to have plans and procedures for the recovery of persons from the water, but does the legislation go far enough? Stephen Cousins reports.

New amendments to SOLAS Regulation III/17-1 came into force on 1 July as part of IMO's work on large passenger ship safety. They aim to ensure that all ships are able to function as a rescue asset, providing support to search-and-rescue co-ordinators, particularly in remote locations where access to helicopters and specialised rescue craft is limited.

The rules apply to all passenger ships and cargo ships of 500gt and above constructed on or after 1 July, 2014, as well as to existing ships by the first periodical or renewal safety equipment survey after that date. Ro-ro passenger ships are excluded as they are already required to carry means of recovery equipment.

Ship owners or operators are now required to carry out a risk assessment, taking into account the anticipated conditions and ship-specific characteristics, to ensure any plans and procedures minimise the risk of injury from impact with the ship structure, including any recovery appliance.

Drills must also be implemented, as part of the ship's routine man-overboard drills, to ensure that crew are familiar with the new systems and equipment. However, the completed plans and procedures do not require approval by the vessel's flag administration or by a classification society.

IMO has issued a set of associated guidelines on developing rescue plans and procedures (MSC.1/Circ.1447). These state that existing life-saving and other equipment carried on board could be used for recovery, although this may require using the equipment in unconventional ways. It recommends that any recovery procedures remove persons from water in a horizontal or near-horizontal 'deck-chair' position, not a vertical position due to the risk of cardiac arrest in hypothermic casualties.

In addition, any dedicated recovery equipment should be clearly marked with the maximum number of persons it can accommodate based on a weight of 82.5kg per person. Recovery operations should be conducted at a position clear of the ship's propellers and, as far as practicable, within the ship's parallel midbody section. A source of illumination and power should be available in the area of the recovery operation.

Lack of specificity

Although the amendments to SOLAS appear to be a step in the right direction for the industry, some safety experts and equipment suppliers have criticised the resolution for failing to set out any specific requirements in terms of equipment, procedures for different sea and weather conditions, or training.

Kent Molsted Jorgensen, manager of rules and regulations at Viking Life-Saving Equipment told IHS Maritime: "It is unfortunate that the regulations are not performance-based, but simply require plans and procedures for recovery of persons. The IMO's attempts to develop performance standards for means of recovery have been repeatedly countered over the years, resulting in

these very diluted amendments that don't set any specific requirements for equipment, sea and weather conditions, capacity, and training." Jorgensen claims the IMO has been unable to follow up on work, initiated by former Secretary General William O'Neil following the Estonia disaster in 1994 when more than 800 lives were lost, to ensure that ships are better able to assist in mass rescue operations. "Without a performance-based requirement, the situation may not be better than when the Estonia accident occurred," he said.

Others have questioned whether, in the absence of proper certification of recovery procedures and equipment by a flag state or class society, onboard life-saving equipment will be fit for use.

"Following a mass evacuation or man-overboard situation, it might be plausible in some cases to throw lines from the ship to recover persons from the water, but what if you're on a bulk carrier or a tanker and you have 50ft of flat steel to hoist them up? It's impractical and dangerous and requires specialist equipment," said Michael Lloyd, safety expert and chairman equipment supplier Salvare Worldwide.

Slide-type marine evacuation systems (MES) seen on many passenger vessels can be used to recover persons in water or survival crafts, but not in large numbers. Viking has modified its MES slides to include handlines to aid climbing up the slide. An electrical winch can also be installed to hoist people on stretchers, which also keep them in a lying or deck chair position in accordance with recovery guidelines to avoid cardiac arrest when suffering from hypothermia.

“ It is of great concern that life-saving appliances designed and tested for mass evacuation, not mass recovery, may be included in such plans and procedures based on desk top analysis and assumptions rather than proof of capability, added Molsted Jorgensen.

Reprinted with permission from IHS Safety At Sea, Oct 2014

Have You Collected Your **SPF?**

Set up by SMOU in 2001 to improve the welfare of seafaring members on board ships covered by the SMOU Collective Bargaining Agreements (CBA), the Seafarers' Provident Fund (SPF) was administered and managed by Wavelink Thrift Pte Ltd, and co-managed by NTUC Thrift & Loan. However, NTUC Thrift & Loan had discontinued with the administration and management of the SPF and has since terminated SPF from 1 October 2012 onwards.

With effect from 1 October 2012, the SPF is now governed by the Scheme of Administration to provide a clear and transparent mechanism for the dissolution and distribution of the SPF funds.

No. of
Member
Claims

Amount
Paid
(\$)

5,680

\$9,558,900

Salient Points on SPF Balance Withdrawals:

Submission Period

Seven years with effect from 1 January 2013 to 1 December 2019.

Submission Requirements

Members are required to submit their request for SPF withdrawal with the relevant documentations:

1. Duly completed Withdrawal Form (download from www.ispf.org.sg)
2. Copy of NRIC/Passport (both old and new ones)
3. Copy of Seaman Log Book(s)/CDC
4. Copy of the Bank Book or Statement, clearly showing the name of the bank, member's name and member's bank account number.
5. Indicate mode of payment as:
 - Telegraphic Transfer** for members who are based overseas. It is compulsory to provide the Swift Code of the overseas (beneficiary) bank account.
 - OR
 - Direct Funds Transfer** to a Local (Singapore-based) Bank Account. It is compulsory to provide the "Branch Code" of the Local Bank Account.
6. Provide additional documents like Birth/Death Marriage Certificate if payout is to be made in the name of the nominee/beneficiary.

Like our member here, a few simple steps are all it takes to collect your SPF!



Submission Channels

The duly completed Withdrawal Form and all the relevant documentation may be submitted via the available channels:

Email : spf@wavelink.com.sg

Post : Wavelink Thrift Pte Ltd
75 Jellicoe Road #03-01
Wavelink Building
Singapore 208738

Contact Details

SPF Administrator

Email : spf@wavelink.com.sg

Additional Information

1. Charges for Telegraphic Transfer will be imposed by the bank and offset from the payout money.
2. An administrative fee of 2.8% approved by the SPF Advisory Committee shall be deducted from the SPF money due to the member before payout to the member or the member's proper claimant.

Training Calendar

February 2015 - April 2015

Course Title	Date	Duration	Course Fee	Course Title	Date	Duration	Course Fee
MPA Mandatory Courses							
Pilotage Exemption (Large Vessels) Course & Assessment	On Demand	5 Hrs	\$2,808.75	Experienced Tug Master (Refresher)	On Demand	1.5 Hrs	\$483.64
Pilotage Exemption (Large Vessels) Renewal Assessment	On Demand	2.5 Hrs	\$1,472.32	Passenger Ferry Safety (New)	On Demand	1 Day	\$309.23
Pilotage Exemption (Small Vessels) New	On Demand	1 Day	\$402.32	Passenger Ferry Safety (Refresher)	On Demand	4 Hrs	\$241.82
Pilotage Exemption (Small Vessels) Refresher	On Demand	3 Hrs	\$350.96	Port Limit Special Grade (Deck Officer)	On Demand	3 Days	\$471.87
Port Limit Tanker Master (New)	On Demand	1.5 Days	\$621.67	Bunker Surveying Course	On Demand	2 Days	\$337.05
Port Limit Tanker Master (Refresher)	On Demand	4 Hrs	\$268.57	Oil Spill Control	On Demand	1 Day	\$179.76
Tug Master (New)	On Demand	3 Hrs	\$880.61				
Maritime Courses							
Bridge Resource Management - Leadership and Teamwork (Ops Level)	9 - 11 Feb 9 - 11 Mar 13 - 15 Apr	3 Days	\$909.50	IMO Model Course 1.27 - Operational Use of ECDIS**	2 - 6 Feb 2 - 6 Mar 6 - 10 Apr	5 Days	\$1,177.00
Engine Resource Management - Leadership and Teamwork (Ops Level)	9 - 11 Feb 9 - 11 Mar 13 - 15 Apr	3 Days	\$909.50	Type Specific ECDIS - TRANSAS	3 - 4 Feb 3 - 4 Mar 7 - 8 Apr	2 Days	\$770.40
Maritime Resource Management (MRM)**	9 - 11 Feb 9 - 11 Mar 13 - 15 Apr	3 Days	\$909.50	IMO Model Course 3.19 - Ship Security Officer (SSO)**	7 - 8 Apr	2 Days	\$642.00
Bridge Teamwork Management (BTM)	10 - 12 Feb 10 - 12 Mar 14 - 16 Apr	3 Days	\$1,123.50	IMO Model Course 3.20 - Company Security Officer (CSO)**	7 - 9 Apr	3 Days	\$963.00
Promotion in Rank (Supervisory Level)	10 - 12 Mar	3 Days	\$2,247.00	IMO Model Course 3.21 - Port Facility Security Officer (PFSO)**	20 - 22 Apr	3 Days	\$963.00
Promotion in Rank (Operational Level)	9 - 13 Feb 13 - 17 Apr	5 Days	\$1,605.00	ISM & ISPS Internal Auditor**	24 - 26 Feb 21 - 23 Apr	3 Days	\$1,284.00
Shiphandling (SH)	19 - 20 Mar	3 Days	\$1,284.00	ISM Internal Auditor**	24 - 25 Feb 21 - 22 Apr	2 Days	\$695.50
Ship Safety Officer (SSaO)	23 - 24 Apr	2 Days	\$642.00	ISPS Internal Auditor**	25 - 26 Feb 22 - 23 Apr	2 Days	\$856.00
Maritime Introductory Courses							
Familiarisation on Operational Use of ECDIS	2 - 3 Feb 2 - 3 Mar 6 - 7 Apr	2 Days	\$535.00	Maritime Labour Convention, 2006 Awareness Program (MLC)**	27 Mar	1 Day	\$321.00
Safety Culture for Optimum Safety Performance	On Demand	1 Day	\$272.85	Familiarisation with Shipping Terms & Maritime Jargon	On Demand	1 Day	\$272.85
Proficiency in Designated Security Duties (SDSD)**	6 Apr	1 Day	\$256.80	Introduction to Risk Management	On Demand	1 Day	\$272.85
Proficiency in Security Awareness Training (SAT)**	6 Apr	0.5 Day	\$160.50				

** MCF Training Grant is available for eligible participants. Please refer to www.mpa.gov.sg/mcf for information.

Course Fees inclusive of 7% GST

Training Calendar is also available at: www.wavelink.com.sg/wmi

Operating address: 80 Jurong East Street 21, #06-04, Devan Nair Institute, Singapore 609607

For registration or enquiries, please contact:

Mr Anthony Loh / Ms Hasila Ghazali

Tel: (65) 6796 9657 / 6796 9652 **Fax:** (65) 6569 3268

Email: courses@wavelink.com.sg
anthony@wavelink.com.sg

For MPA Mandatory Courses, please contact:

Mr Kevin Loh

Tel: (65) 6796 9651 **Fax:** (65) 6569 3268

Email: courses@wavelink.com.sg
kevin@wavelink.com.sg

“THE SEA KNOWS NO BOUNDARIES, SO SHOULD YOUR FUTURE”

Tripartite Nautical Training Award (TNTA) Programme

A place-n-train programme that enables Singaporeans/PRs to join the Maritime industry as CoC (Class 3) Deck Officers. The programme is a joint initiative by Singapore Maritime Officers' Union (SMOU), Singapore Workforce Development Agency (WDA), NTUC's Employment and Employability Institute (e2i), and supported by Maritime and Port Authority of Singapore (MPA), Singapore Shipping Association (SSA) and shipping companies. Cadets under this programme will undergo 6 months of pre-sea training, 18 months of sea-time training and 7 months of preparatory course and exam.

TNTA Cadet Training (90% course fees sponsored)



7 reasons to join the seafaring career:

1. Long leave for personal and family holidays
2. Attractive remuneration of US\$7,000 to US\$20,000/month as a Captain
3. Steady and good career progression
4. Develop leadership skills and handle assets worth hundreds of millions of dollars
5. Opportunity to explore the sights and sounds of the world
6. Work in a dynamic team with various nationalities
7. Be part of the global transportation that moves the world



TNTA-9 Selection & Publicity Schedule

Event	Date	Time	Venue
Job Opportunities Briefing (J.O.B.)	22 Jan, Thu	5.00 pm	Wavelink Maritime Institute
	28 Jan, Wed	5.00 pm	Wavelink Maritime Institute
	3 Feb, Tue	5.00 pm	Wavelink Maritime Institute
	5 Feb, Thu	10.00 am 2.00 pm	Wavelink Maritime Institute
	10 Feb, Tue	5.00 pm	Wavelink Maritime Institute
	11 Feb, Wed	10.00 am 2.00 pm	Toa Payoh West CC 200 Lorong 2 Toa Payoh, Singapore 319642
	16 Feb, Mon	5.00 pm	Wavelink Maritime Institute
	17 Feb, Tue	10.00 am 2.00 pm	Tampines North CC Room 02-06 (Level 2) 2 Tampines Street 41, Singapore 529204



Venue Address

Wavelink Maritime Institute
80 Jurong East Street 21,
#06-04, S(609607)

Registration for Industrial Briefing:
Visit: <https://etms.sg/e2i/tnta>
Call: 6474 0606

The WMSC Experience – An Eye-Opener For SMU Undergrads

Bringing classroom learning to life was what 15 maritime undergraduates from Singapore Management University (SMU) Maritime Economic Concentration experienced when they were hosted by SMOU and Wavelink Maritime Institute (WMI) on 9 October, through a learning journey about seafaring. They were given an insightful tour of the maritime simulation facilities at WMI and experienced what happens onboard a ship's navigational bridge. By receiving a balance of academic knowledge and industry know-how, the students gained a better understanding of seafaring careers and the role they play in the maritime industry.



Fascinated SMU undergrads exploring the simulators.

“It was a fruitful learning journey for me that provided more insights into the heartbeat of the shipping business. The experience of being in the simulation room is beyond amazing - from calm waters to strong storms and disasters, the simulator was able to replicate those events.

■ Tay Yang Juan

New Bridge Resource Management Course in WMI

Wavelink Maritime Institute (WMI)'s new course, 'Bridge Resource Management and Application of Leadership and Teamworking Skills (Operational Level)' equipped participants with the theoretical and practical knowledge to meet the standard of competence specified in the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW), as amended in 2010. STCW 2010 will come into force on 1 January 2017. According to a Circular to Shipowners released by the Maritime and Port Authority of Singapore (MPA) on 25 June 2014, 'Bridge Resource Management and Application of Leadership and Teamworking Skills' or 'Use of Leadership and Managerial Skills Training' is mandatory for revalidation of different classes of Certificate of Competency for Deck Officers after 31 December 2016.

From 16 to 18 December, WMI Executive Director Capt Yeow Kok Kean and Manager Capt Sim Lin Woon taught them fundamental knowledge and skills on leadership and teamwork on board a ship. Assessments were done through discussions and simulation exercises. Participants also had to complete an online assessment on various topics taught in the course. It was an enriching three-day course where participants learned about resource management concepts and demonstrated required competencies under various conditions on the simulators.



WMI Manager Capt Sim (in white) debriefing participants after assessment.

PLUS!

WMI also has a new course 'Engine Resource Management (Operational Level)' catered for Marine Engineers. The next intake will commence in March 2015. Please email courses@wavelink.com.sg for more information and registration.

16 July 2015
Save the date!



**MARITIME MANPOWER
SINGAPORE 2015**

Manpower Development for Sustainable Shipping

Don't Miss the BOAT...

**The 8th Biennial Conference
Maritime Manpower Singapore Conference 2015 is coming!**

What

Manpower Development for Sustainable Shipping

When

Thursday, 16 July 2015

Where

Raffles City Convention Centre

Time

9am to 6pm

(Followed by cocktail reception)

Guest-of-Honour

Mr Lim Swee Say

Secretary-General, National Trades Union Congress (NTUC)



Mark this date on your calendar now and stay tuned for more updates coming your way!

Look out for our Early Bird Registration Fee in the next issue!
Visit www.mms2015sg.com for more information!

Lighthouse Bistro Lunar New Year Special



**February
Prosperity Salmon @
\$11.80+**

A common Lunar New Year greeting is “年年有余” or in English, it is to wish for ample surpluses from the previous year so that there would always be abundance and prosperity. So, why not begin your year of abundance at Lighthouse Bistro!

Kickstart the Year of the Goat with our Prosperity Salmon. The highlight is the fried salmon coated in a light and crispy batter, served with steamy fluffy white rice. The dish is paired with a tangy orange sweet sauce, a perfect counterbalance of taste that brings out the rich flavour of the salmon. There's so much wholesome goodness of omega-3 in this dish that it oozes pure health and wealth. “Huat ah!”

**SMOU members – 20% off ala carte menu; not applicable for monthly specials.
NTUC members – 15% off ala carte menu; valid till 30 June 2015.**

10% service charges applies

No GST charges!